

Paramedic OB/Gyn and Pediatrics Exam Study Guide

Know the Facts

In preparation for this exam, please be sure that you have reviewed the following information provided by your textbook:

- Anatomy and Physiology
- Pathophysiology
- Medical terms listed in each chapter
- Glossary words
- Conditions listed in the index

Understand the Concepts

We especially recommend you understand the following concepts and terminology:

- 1. Gynecological infections
- 2. Predisposing factors for high-risk pregnancies and complications associated with trauma
- 3. Maternal changes within the third trimester
- 4. Complications of delivery (including, but not limited to, postpartum hemorrhage)
- 5. Indications for suctioning a newborn
- 6. Pediatric respiratory conditions (including, but not limited to, croup and epiglottitis)
- 7. Signs and symptoms of pediatric abuse and traumatic injuries
- 8. Causes of pediatric cardiac arrest and indications for CPR
- 9. Signs and symptoms of medical conditions (including hypovolemia, meningitis, and appendicitis)
- 10. Fluid resuscitation dosages for pediatrics and adults

Perform the Skills

Finally, be sure you know how to:

- 1. Treat vaginal bleeding
- 2. Treat a woman with an ectopic pregnancy
- 3. Assist in an abnormal delivery
- 4. Prevent postpartum bleeding
- 5. Prevent heat loss in a newborn
- 6. Calculate an APGAR score
- 7. Differentiate between types of pediatric seizures
- 8. Treat pediatric respiratory conditions (including, but not limited to, asthma, bradycardia, obstructed tracheostomy tube, upper respiratory infections, and respiratory failure)
- 9. Perform endotracheal intubation on a child (including indications and methods)
- 10. Treat a tricyclic antidepressant overdose
- 11. Calculate thermal injuries for pediatric body surface area affected

For tips on how to take a FISDAP exam, see the document entitled "How to Succeed on a FISDAP Exam." You can find it in the student Help section of our website at <u>www.fisdap.net</u>